



## BEAUTIFUL SKIN REQUIRES COMMITMENT, NOT A MIRACLE.

We understand that our selection of Facial Treatments can be a bit overwhelming and confusing, so we have put together a break-down, in the easiest terms to help you decide which treatment is best for you! Our Environ Ultimate Vitamin Infusion treatment is our most popular treatment, it uses the Environ Ionzyme DF II Machine.

### Environ DF Machine Treatments

The Environ Ionzyme DF II Machine was created by Dr. Des Fernandes, which introduces the use of intensified Iontophoresis treatments with active low level Sonophoresis. This is a sound based treatment system. These sound waves are generated from the vibration of a special ceramic head and are transmitted through to the skin.

#### WHAT MAKES THE IONZYME DF MACHINE SO SPECIAL?

Unlike your traditional facial, a DF Machine treatment is a serious, result driven treatment to enhance the penetration of the professional products using the combination of low frequency sonophoresis and pulsed iontophoresis. It is a safe treatment option, suitable for all skin types, conditions and ages. Each treatment is personalised according to each client's specific needs.

#### ENVIRON ULTIMATE VITAMIN THERAPY 90 MINS

- Deep cleansing and preparation of the skin with Environ Facial Products.
- Sonophoresis + Iontophoresis.
- Field Iontophoresis using Alginate Masque.

#### BENEFITS

Designed to effectively treat a wide range of skin care concerns, this treatment provides intense penetration of active ingredients for visible results.

#### ENVIRON ENHANCING VITAMIN THERAPY 60 MINS

- Deep cleansing and preparation of the skin with Environ Facial Products.
- Sonophoresis alone or Sonophoresis combined with Iontophoresis on two areas of concern.
- Field Iontophoresis using Alginate Masque.

#### BENEFITS

Developed to intensively focus on key areas of concern, this treatment ensures that your primary skin care concerns are directly addressed.

#### ENVIRON PRECISION VITAMIN THERAPY

- Deep cleansing and preparation of the areas desired to be treated.
- Sonophoresis + Iontophoresis.
- No Field Iontophoresis is included.
- Preferred treatment option for clients who are claustrophobic.



## ENVIRON PURIFYING VITAMIN THERAPY 90 MINS

- Deep cleansing and preparation of the skin with Environ Facial Products.
- Lac Pangel Cool Peel treatment ; option to add Iontophoresis for deeper cleansing.
- Field Iontophoresis using Alginate Masque.

### BENEFITS

Purify, micro-exfoliate and re-hydrate your skin. This particular therapy greatly assists with the treatment of acne, scarring and deep skin congestion.

## Environ Manual Therapies

### ENVIRON HANDS-ON VITAMIN THERAPY 60 MINS

- Deep cleansing of the skin with Environ Facial Products.
- Gentle Facial Massage with select treatment serums.
- Alginate Masque (10 Mins).

### BENEFITS

Indulge yourself with this luxurious hands-on treatment.

### ENVIRON DEEP CLEANSING VITAMIN THERAPY 60 MINS

- Deep cleansing of the skin with Environ Facial Products.
- Application of Chemical Exfoliation Products.
- Gentle Facial Massage with select treatment serums.
- Alginate Masque (10 mins).

### BENEFITS

This purifying and cleansing treatment decongests and removes impurities from congested and acneic skin.

### IONZYME DF MACHINE BODY THERAPY

This effective treatment is a great way to help smooth stubborn cellulite while firming and tightening the skin. The active ingredients in Environs Body Profile Gel are driven deep into the lower layers using Sonophoresis + Iontophoresis to keep your skin looking smooth and hydrated. Visible results after just 1 treatment.



## ENVIRON COOL PEEL TECHNOLOGY

Peeling dates back to the ancient Egyptians, the recipe used was fruit acids combined with skin irritants. Modern peeling started about 100 years ago.

Cool Peel Technology offers milder peels more often than one deep peel (deep peels destroy the epidermis of the skin.) A series of light peels minimises the destruction of the epidermis.

### WHAT MAKES THE COOL PEELING SYSTEM SO SPECIAL?

- Scientifically formulated and developed by Dr. Des Fernandes.
- Safe and effective method of peeling the skin.
- Can be tailored to suit different skin types & Photo types.
- Cool and painless with no "downtime".
- The Acid does not kill healthy epidermal cells.

### THE EFFECTS OF PEELING

- Skin becomes dryer and feels tighter for a few days.
- Healthy cells are maintained while damaged cells are removed.
- Stimulates growth factors and promotes collagen formation.

### THE RESULTS OF PEELING

- A course of peels help to improve the appearance and texture of the skin in relation to the visible signs of ageing.
- A course of peels help to improve the texture and appearance of acne-prone skin.
- Skin appears more refined and radiant with an overall improved appearance.

### CONTRA-INDICATIONS

- Your skin should be adequately prepared with Environ Vitamin A Moisturizers.
- You should avoid peeling for 6 months if you are currently using or recently stopped Accutane.
- Avoid peeling if you have had recent micro dermabrasion (wait 6-8 weeks), dermabrasion or laser resurfacing treatments (6 months).
- Waxing or Extractions not recommended 10 days before or after peeling.
- Avoid excessive sun exposure including sun bed use.
- Doctors consent required if you are Diabetic or experience any other major illnesses.
- Avoid during pregnancy.
- Avoid during radiation treatment.
- Avoid if you have Porphyria, Eczema, Psoriasis.
- Avoid if you have unrealistic expectations from your Cool Peel Treatment.

## LACPAM COOL PEEL TREATMENT 60

- Deep cleansing of the skin with Environ Facial Products.
- Application of Lac-Pam Gel , applied in layers.
- Option to add Iontophoresis for deeper penetration.
- Option to add field Iontophoresis with Aliginate Masque also available.

### BENEFITS

This purifying and cleansing treatment decongests and removes impurities from congested and acneic skin.



## ENVIRON MEDICAL MEDICAL NEEDLING (CIT)

A new and natural regenerative technique. It improves and rejuvenates the skin, producing unique success in the treatment of skin conditions ranging from frown lines and wrinkles to acne scars, stretch marks and sagging skin.

The most widely used skin-rejuvenating methods (laser resurfacing) are generally ablative or semi-ablative, damaging the surface of the skin to achieve results. Needling is unique in that it does not damage the skin (non-ablative) to achieve results and uses the body's own regenerative properties to build new natural collagen and elastin networks and a thicker epidermis with virtually no downtime.

Depending on the indication, a variety of needle lengths can be used, extending just below the stratum corneum (cosmetic needling), into the papillary dermis (medical needling) or even as far as the reticular dermis (surgical needling).

Even with the deep treatments the risk of complications is extremely low. Visible transformation of the skin begins almost immediately and continues for up to three months.

For optimal results we recommend a series of 12 treatments over 90 days.

### CONTRA-INDICATIONS :

- Inadequate preparation of the skin, minimum three weeks preparation with vitamins A & C
- Active Skin Infections including – Acne, Fever Blisters, Impetigo
- Skin Cancers, Warts or Solar Keratosis
- Rosacea
- Severe Keloid Scarring
- Chemotherapy or Radiation
- Pregnancy
- Uncontrolled Diabetes
- Avoid Anti-Coagulant therapies – please consent with your Doctor
- Known allergies to topical anesthetic
- Roaccutane
- Botox - Allow 10 Days
- Fillers – Allow 14 Days
- Environ Medical Needling Therapy 180 mins
- Deep cleansing and preparation of the skin using Environ Products
- Application of Topical Anesthetic.
- Medical Needling Procedure
- Sonophoresis + Iontophoresis
- Field Iontophoresis using Alginate Masque (optional)

For more information in regards to Medical Needling Therapy, please book a Complimentary Consult with one of our Skin Coach's.

